Children and young people's service

SEND information sheet for families and carers

This information sheet is aimed at parents/carers and families of children and young people with SEND and brings together some essential contact numbers and websites in one place for easy access.

Visit Newham Local Offer and Family Information website: www.families.newham.gov.uk and Council website: www.newham.gov.uk for more information.

Social care:

If your child has an allocated social worker please contact your social worker in the usual way. If you do not have a social worker, social care services are accessed through the Multi Agency Safeguarding Hub.

Multi Agency Safeguarding Hub (new referrals): 0203 373 4600

0-25 SEND Service:

There is one central number which is answered by Disabled children and Young People's Service (duty number)

0-25 SEND Service 0203 373 3280

SEN Service:

Over the coming days the service will be contacting all families where a child or young person have either an EHCP or is High Needs Funded.
Children and young people will have a link worker and you will be able to contact that person if you have issues relating to your child, especially the support they are receiving.
Alternatively you can email: SEN@newham.gov.uk

Specialist Education Unified Services:

Complex Needs and Dyslexia (CNDS)
Please call for advice and support
Early years team: 07970 262407 or 07970 257513
School age team: 07970 257507
Email: CNDS@newham.gov.uk

Language, Communication and Interaction Service (LCIS)
Please call for advice and support
Autism and developmental Language Disorder.
Early years team: 07966 233460
School age team: 07422 078277
Email: LCIS@newham.gov.uk

Sensory Service
Please call for advice and support
Hearing or multi-sensory Impairment: 07970 997425
Vision impairment: 07866 858939
Email: sensoryservice@newham.gov.uk

Lines are open Monday to Friday 9.00 am to 4.00 pm. The team's aim to answer your email enquiry within 3 working days.

Educational Psychologists (EPs):

The team is currently working with SENCOs and Headteachers as children and young people are referred to them. Please speak to the SENCO or Headteacher in your child's school in the first instance if you require support and assistance.
Along with supporting children and young people the service will offer resources, video and telephone consultations in the following areas:

- **home teaching children with SEND**
- **managing growing general anxiety**
- **preparation for significant changes to daily routines**
- **support for parents**

Health:

CAMHS

Newham CAMHS aim is to continue to provide a comprehensive Mental Health Service for young people in Newham. This will be delivered remotely wherever possible.
A core duty team is currently working from York House
Clinicians are continuing to offer support/therapy remotely (telephone or video conferencing) to children and families currently in specialist services.
CAMHS – 0208 430 9000. Monday to Friday 9.00 am – 5.00 pm
Crisis line out of hours – 020 7771 5888

General health links and information (including mental health):

There is a lot of information available on line – we are not able to include everything here.

Community language information:
https://drive.google.com/open?id=193qQN9l04Dvf0N9L5zeWTiXK_DRbrAxg

If you have health concerns: https://111.nhs.uk

Family Lives
http://familylives.org.uk
Online parenting advice and support

MoodJuice
https://www.moodjuice.scot.nhs.uk/professional/index.asp
A range of online resources around mental health
Available Monday - Friday, 10am-10pm; Sat/Sun & bank holidays 2pm-10pm

HOPELINEUK
Call 0800 068 41 41 or text 0778 620 9697
A specialist telephone service for support, practical advice and information to young people up to the age of 35 who are worried about how they are feeling or anyone who is concerned about a young person.
Available Anytime (24/7)

ChildLine – call 0800 1111
Talk to a counsellor for free anytime by calling 0800 1111.
You can also log in for 1-2-1 chat or email www.childline.org.uk/get-support

YoungMinds Crisis Messenger – Text "YM" to 85258

A free crisis messenger service support across the UK. If you are experiencing a mental health crisis and need support, you can text YM to 85258.

Samaritans – call 116 123
Talk to a trained volunteer anytime for free non-judgemental support by calling 166 123.

Mencap - Easy Read guide:https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf

Carers UK - Guidance for carers: https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19

Distribution hubs #HelpNewham

Information is changing on a daily basis please follow this link to see what is happening at your local hub: https://www.newham.gov.uk/Pages/News/Update-about-Coronavirus-COVID-19-Volunteer-with-the-HelpNewham-local-hub-to-support-our-vulnerable-From-Mayor-Fiaz.aspx
Email help@newham.gov.uk

Free school meals:

The latest information regarding free school meals is here:
https://www.newham.gov.uk/Pages/Services/Free-school-meals.aspx
The government has just launched its voucher scheme.
You should contact your child's school for more information.

Local offer:

Newham Local Offer and Family Information Service has lots of information for parents/carers and families and over the coming days more information will be available giving advice and information on routines for your child, resources and activities, things to do and who to contact if you need further help and advice.
The web site is being updated regularly – so please check back to see more information.
https://families.newham.gov.uk/kb5/newham/directory/localoffer.page?localofferchannel=0

Special Educational Needs and Disability Impartial Advice and Support Service (SENDIASS):

SENDIASS advice and support is still available to families. The team is working remotely and is not having face to face meetings at this time.
Call the service on: 020 3373 0707
Email: sendiass@newham.gov.uk

Voluntary Agencies:

Resources for Autism
www.resourcesforautism.org.uk information relating to children and young people with Autism please go to:

Mencap:
https://www.mencap.org.uk/advice-and-support/children-and-young-people
https://www.mencap.org.uk/support-parents-and-carers-children-and-young-people
The charity is setting up a Face Book group for Newham residents – search Face Book for more information.

Domestic abuse and mental health service:

Domestic abuse and mental health support:
https://www.newham.gov.uk/Pages/ServiceChild/NewDay.aspx
Email: NewDAy@newham.gov.uk